

PCA Preparation for Peel Treatment

You will be having a light peel treatment on the day of your appointment. Please follow the outline below to prepare.

- Use of PCA SKIN daily care products prior to your peel will prepare the skin and allow for better treatment results. This is recommended. Please consult your physician or skin care technician for appropriate recommendations for your skin type and condition.

It is recommended that you refrain from these activities within 14 days of your appointment:

- Having a chemical peel
- Tanning in a tanning booth
- Having a wax or chemical depilatory treatment (7-10days)
- Getting Botox, Collagen or other dermal filler injections. (3-5 days)
- Microdermabrasion Treatments
- If you are lactating, pregnant or think you might be pregnant, you are only a candidate for Oxygenating Trio or Detox Gel Deep Pore Treatment.
- It is recommended that you refrain from sun exposure for 10 days prior to your appointment. **Do not come to the appointment sunburned.** (Please let us know if you are unable to keep your appointment).
- Delay use of Retin -A, Renova, Accutane, Differin, Tazorac or Avage and high percentage glycolic acid products for 7-10 days prior to your appointment. (Using any of these will take the treatment deeper and make your results less predictable. Please consult the dispensing physician before discontinuing the use of any prescription medication).

These superficial peels will result in little to no downtime. Treatments may include slight redness, tightness, peeling, flaking and/or temporary dryness. Most patients find it unnecessary to apply makeup, as your skin will be smooth, dewy and radiant following your treatment. If you would like to apply makeup, allow approximately 15 minutes for the pH of the skin to stabilize before apply foundation.