

**ROBINSON FACIAL PLASTIC SURGERY**

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**ITEMS NEEDED PRIOR TO SURGERY FOR POSTOPERATIVE CARE**

**You will need to obtain the following items prior to your surgery for your postoperative care.**

**Please purchase only the items checked off:**

- Medications as instructed
- Hydrogen peroxide
- Q-Tips
- Vaseline
- Bacitracin antibiotic ointment
- Baby shampoo for first 2-3 washings and then return to any gentle salon shampoo
- Mild face soap (Dove, Ivory, or Neutrogena)
- Cotton balls
- Aquaphor ointment
- 2 x 2" gauze squares
- 4 x 4" gauze squares
- 1/2" paper tape
- Several washcloths
- Basin or bowl to put ice chips and water in for cold compress (do not use ice bags or heavy packs)
- Handheld hair dryer
- Soft foods, such as soups, mashed potatoes, cottage cheese, apple sauce, etc.
- Baby toothbrush
- Afrin nasal spray (or similar decongestant spray)
- Nasal saline spray (Ocean Spray, Breathe Easy, etc.)