

ROBINSON FACIAL PLASTIC SURGERY

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ITEMS NEEDED PRIOR TO SURGERY FOR POSTOPERATIVE CARE

You will need to obtain the following items prior to your surgery for your postoperative care.

Please purchase only the items checked off:

- Medications as instructed
- Hydrogen peroxide
- Q-Tips
- Vaseline
- Bacitracin antibiotic ointment
- Baby shampoo for first 2-3 washings and then return to any gentle salon shampoo
- Mild face soap (Dove, Ivory, or Neutrogena)
- Cotton balls
- Aquaphor ointment
- 2 x 2" gauze squares
- 4 x 4" gauze squares
- 1/2" paper tape
- Several washcloths
- Basin or bowl to put ice chips and water in for cold compress (do not use ice bags or heavy packs)
- Handheld hair dryer
- Soft foods, such as soups, mashed potatoes, cottage cheese, apple sauce, etc.
- Baby toothbrush
- Afrin nasal spray (or similar decongestant spray)
- Nasal saline spray (Ocean Spray, Breathe Easy, etc.)